

Summer  
2018



# Beacon of Hope

 **Wesley Manor**  
Retirement Community  
*feels like home*

## Lutheran pastor, fiber artist call Wesley Manor home

**B**ob and Joyce Anderson had been on Wesley Manor's patio home waiting list, starting in 2015, when they finally got the call their preferred floor plan had become available. With two sons already living in Louisville, it was an opportunity to be near them and enjoy the amenities of a Life Plan retirement community. They (along with two cats) moved from Hot Springs Village, near Little Rock, Arkansas, on the day of the solar eclipse—August 21, 2017.

"First impressions are true," Joyce shared. "The people here are warm and friendly, and it's easy living. I like the character of the patio homes and the openness of the campus. We visited newer places that had two or three stories, and they looked sterile. We're glad we're here."

"The kids made sure we got a place that has all levels of care when we need it," Joyce continued. "I've been getting physical therapy after I fell at one of my grandson's lacrosse games."

Bob and Joyce met while they were students at Augustana College, a Swedish-

Lutheran school in Rock Island, Illinois. He was from Boone, Iowa; she was from Rockford, Illinois. They got married while attending college. They got married while attending college — 56 years ago. "The king of Sweden had donated a crown to the college. I got to wear the crown with my veil for our wedding," Joyce said. "Of course, I had to give it back!"

Following graduation, Bob served as a mission developer for the national Lutheran Board of Missions. He went on to serve as a Lutheran pastor in three churches over his career. In between pastorates, he ran his own home maintenance and repair business. Joyce earned her Master's in Healthcare Administration, and enjoyed a fruitful career as a hospital and insurance administrator, including a position with Humana. It was the



*Bob and Joyce moved into one of our patio homes where they enjoy various activities and hobbies.*

Humana job that first brought them to Louisville many years ago. They eventually moved to San Antonio where Joyce helped start the customer service center for Humana, and Bob served as associate pastor of his third church.

Once they relocated to Wesley Manor last year, it didn't take long for the Andersons to get involved on campus. Bob began serving as a pastoral care volunteer in the Health Care Center, seeing 15-20 residents each week. They both enjoy the many activities offered in the community center, such as Hand and Foot. They've also been on numerous outings



*Several of Joyce Anderson's quilting creations hang in their patio home. She donates the knitted caps for babies at U of L Hospital.*

*(continued on page 3)*

# LET THE GOOD TIMES ROLL!

Wesley Manor had a great day for our residents, while benefiting the Alzheimer's Association on June 7.

The sunny day began with a Classic Car Show, which also featured live music, great food and silent auctions. It was followed up with our fifth annual Senior Rides around our beautiful campus which has always been a hit with our residents. ♥



## “Swing for Seniors” raises \$24,350!

Our spring “Swing for Seniors” golf outing was fun for all who participated. A special thanks to our wonderful sponsors, donors, golfers and volunteers.

All proceeds from our 2018 golf fundraiser will benefit Wesley Manor residents who find that they have outlived their assets. ♥

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*Congratulations to our first place team, MedCare Pharmacy. (L-R) Dave Merse, Cindy Biecker, Bill Biecker and Terry Seiter.*



# Learn how to thrive, deal with stress

Author to present at Wesley Manor



**Lee H. Baucom, PhD**  
*Author*

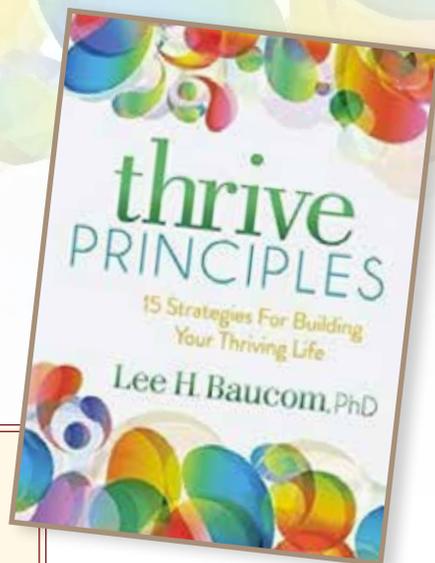
Many people confuse thriving with being happy or having no challenges. But according to Dr. Lee Baucom, the pursuit of happiness is rarely helpful, and challenges in life are what teach us to thrive. In his presentation at Wesley Manor, Dr. Baucom will share several strategies for thriving, dealing with stress, finding meaning, and

living a life of purpose. He will be drawing from his two recent books, *Thrive Principles* and *The Immutable Laws Of Living*. If you are feeling stuck or want to have a deeper sense of purpose in your life, do not miss this presentation.

Come join us for a presentation by Dr. Baucom on **Thursday, August 30, 1:30-2:30 p.m.** in the Assisted Living Center at Wesley Manor. A copy of his book, *Thrive Principles*, will be provided to each participant. The presentation is free, but reservations are required by August 17 by calling (502) 969-3277 or [info@wesman.org](mailto:info@wesman.org). Space is limited.

Dr. Baucom is President of Aspire Coaching, Inc., and Co-Principal of Impact Coaching Academy. He is the author of five books and several online courses, addressing the topics

*Learn strategies for thriving, dealing with stress, finding meaning, and living a life of purpose ~ and get a free copy of his new book!*



of relationships, marriages, and how to thrive in life. Trained as a Pastoral Counselor, Dr. Baucom holds an M.Div., Th.M., and

Ph.D. In his early career, Dr. Baucom served as hospital chaplain and pastoral counselor. After spending several years as a counselor, Dr. Baucom transitioned to coaching and training other coaches. ♥

*(continued from page 1)*

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such as Bardstown, movies and other organized trips. And they attended the recent revival at Wesley Manor.

In addition to Wesley Manor activities, Bob and Joyce enjoy their own hobbies such as music and gardening. He watches college sports and she delves into fiber arts—sewing, quilting and even papermaking. Numerous artistic creations by Joyce adorn the walls throughout their patio home.

Bob added, “It’s interesting to be part of a Methodist community. Although there is no Lutheran retirement community in Louisville, the denominations are very similar. This is a warm and friendly community. We enjoy the friendships and activities. It’s easy to feel at home here.” ♥

“*This is a warm and friendly community. We enjoy the friendships and activities. It’s easy to feel at home here.*”

~ Bob Anderson



*Bob and Joyce on their wedding day. Joyce wears the Swedish crown on loan from Augustana College.*



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*Wesley Manor serves its residents and families with a dedicated and professional staff, in a nurturing Christian community.*

## Thank you Sheperd's Camp volunteers

Volunteers from Sheperd's Camp helped out again at Wesley Manor recently. We appreciate all our volunteer groups and individuals throughout the year. Want to help? Contact Cliff Whalin, (502) 400-3228 or [cwhalin@wesman.org](mailto:cwhalin@wesman.org). ♥



**SAVE THE DATE**

### Fall Appreciation Dinner

Thursday, October 11 ~ 6:30 – 9:00 p.m.

Join us as we celebrate our many friends and supporters at our Fall Appreciation Dinner held at Louisville's Christ Church, Fellowship Hall, 4614 Brownsboro Road in Louisville. Entertainment to be announced. There is no charge to attend, but reservations are required. For reservations and more information, contact Candi Blinn or Anita Kuvin at (502) 964-3959 or [AKuvin@WesMan.org](mailto:AKuvin@WesMan.org).



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*The Beacon* is the newsletter of Wesley Manor Retirement Community, Methodist Retirement Homes of Kentucky, Inc., Cliff Whalin, publisher.

